



Sydney Café

Mindfulness and leadership values: Michael Bunting

Saturday 26 September 2015, 2:00 – 4:30 pm
Stanton Library, Level 2, 234 Miller St, North Sydney



**Michael Bunting,
WorkSmart**

How do you create a place where people find meaning and fulfilment, not only in what they do, but the way they do it together?

Michael will look at leadership from the perspective of a Buddhist/mindfulness approach to values, and show how this is possible in a business world that is cynical and prides itself on being hard-nosed. He will talk about how to help clients towards an understanding of the connections between their business goals and mindful values.

Michael is the founder of WorkSmart Australia, which seeks to bring a truly authentic, mindful and disciplined approach to leadership development. He also teaches leadership and mindfulness at Sydney University's award winning Exec MBA, and he is the co-author, along with Jim Kouzes and Barry Posner, of *Extraordinary Leadership in Australia & New Zealand*.

Price: \$35 Non-Members; \$25 Members (2015-2016)

Register online at:
www.slam.org.au